

# كتاب إرشادى لأدعية العمرة

Dua Guide Book For Umrah



سارة الدولية للسجادة

Sara International Travel

السلام  
السلام  
السلام  
السلام

# I N D E X

4

DUA FOR LEAVING HOME  
DUA FOR JOURNEY

5

DUA FOR MAKING NIYYAH FOR UMRAH (FARAD)  
TALBIYAH  
DUA UPON ENTRING AL-HARAM  
OPTIONAL DUA

6

DUA UPON REACHING THE BLACK LINE  
DUA DOING ALL THE SEVEN ROUNDS (TAWAF)

7

DUA BEFORE DRINKING ZAM ZAM

8

GOING TOWARDS MOUNT AS-SAFA(SA'AY)  
DUA ON APPROACHING MOUNT AS-SAFA(SA'AY)  
DUA ON REACHING MOUNT AS-SAFA

9

DUA WHILE GOING TOWARDS MOUNT AL-MARWAH  
DUA BETWEEN 2 GREEN LIGHTS MOUNT AL-MARWAH

10

DUA AFTER COMPLETING 7 ROUNDS SAFELY

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ



# DUA FOR LEAVING HOME

Recite the following Dua when leaving home.

بِسْمِ اللَّهِ ۞ تَوَكَّلْتُ عَلَى اللَّهِ ۞ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Bismillah; Tawakkaltu alal'lah; Wa la-hawla wa laqoo-ata illa billah.

In the name of Allah, I trust in Allah; there is no might and no power but in Allah

# DUA FOR JOURNEY

Recite the following Dua when travelling towards the airport

اللَّهُ أَكْبَرُ ۞ اللَّهُ أَكْبَرُ ۞ اللَّهُ أَكْبَرُ ۞ سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا  
وَمَا كُنَّا لَهُ مُقْرِنِينَ ۞ وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ ۞ اللَّهُمَّ إِنَّا نَسْأَلُكَ فِي سَفَرِنَا هَذَا الْبِرَّ  
وَالتَّقْوَى ۞ وَمِنَ الْعَمَلِ مَا تَرْضَى ۞ اللَّهُمَّ هَوِّنْ عَلَيْنَا سَفَرِنَا هَذَا ۞ وَاطْوِعْنَا بَعْدَهُ  
اللَّهُمَّ أَنْتَ الصَّاحِبُ فِي السَّفَرِ ۞ وَالْخَلِيفَةُ فِي الْأَهْلِ ۞ اللَّهُمَّ إِنِّي أَعُوذُ بِكَ  
مِنْ وَعَثَاءِ السَّفَرِ ۞ وَكَآبَةِ الْمَنْظَرِ وَسُوءِ الْمُنْقَلَبِ فِي الْمَالِ وَالْأَهْلِ ۞

Allaahu akbar; Allaahu akbar; Allaahu akbar; Subhanal'ladhi sakh'kha ra'lana hadha wama kunna lahoo muk-ree'neen; Wa inna ela rabbina la'mun qaa-li'boon. Allaahumma innaa nas'aluka fee safareenaa ha-dhal bir'ra wat-taqwaa; Wa minal-amali maa tar-daa; Allaahumma haw'win alay-naa safaranaa haa-dha waṭ'wee annaa budah; Allaahumma antas saa-hibu fis-safar; Wal-khalee'fatu fil-ahl; Allaahumma innee audhu-bike min wahṣaa iss-safar; Wa kaaba'til manzar; Wa soo'il mun'qalabi fil-maali wal-ahl.

Allah is the Most Great. Allah is the Most Great. Allah is the Most Great. Glory is to Him Who has provided this for us though we could never have had it by our efforts. Surely, unto our Lord we are returning. O Allah, we ask You on this our journey for goodness and piety, and for works that are pleasing to You . O Allah , lighten this journey for us and make its distance easy for us . O Allah, You are our Companion on the road and the One in Whose care we leave our family . O Allah , I seek refuge in You from this journey's hardships, and from the wicked sights in store and from finding our family and property in misfortune upon returning.



# MAKING NIYYAH FOR UMRAH (FARD)

Arabic Niyyah:

Labba-ye'ka Allah hummah bil Umrah

لَبَّيْكَ اللَّهُمَّ عُمْرَةً

O Allah, here I am to perform Umrah.

## TALBIYAH (DUA)

Continue reciting the following Talbiyah throughout the journey

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ ۞ لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ ۞ إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ ۞ لَا شَرِيكَ لَكَ

Labbayk Allaahumma labbayk; Labbayka laa shareeka laka labbayk; In'nal-hamda; Wan-nimata; Laka wal mulk; Laa sharee ka'lak.

At Your service, Allah, at Your service. At Your service, You have no partner, at Your service. Truly all praise, favour and sovereignty are Yours. You have no partner

## DUA UPON ENTRING AL-HARAM

Continue reciting the following Talbiyah throughout the journey

بِسْمِ اللَّهِ ۞ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ ۞ اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Bismi-llāh, Allāhumma ṣalli alā Muhammad. Allāhumma-ghfir li wa-ftaḥ li abwāba raḥmatik.

In the name of Allah, send blessings upon Muhammad (BPUH). O Allah, open for me the doors of Your Bounty.

## YOU MAY RECITE THE OPTIONAL DUA

بِسْمِ اللَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ ۞ اللَّهُمَّ اغْفِرْ لِي ذُنُوبِي وَافْتَحْ لِي أَبْوَابَ رَحْمَتِكَ ۞  
أَعُوذُ بِاللَّهِ الْعَظِيمِ ۞ وَتَوَجَّهَ الْكَرِيمِ ۞ مِنَ الشَّيْطَانِ الرَّجِيمِ

Bismillah Wassaltu Wasalamu 'Ala Rasulillah, Allahumalghfir Lee Thunubi Waftah Lee Abwab Rahmatic, A'uthu Billahil 'Atheem, WaBywajihih Al-Kareem, WaBisultanih Al-Kadeem Minal Shaytan Al-Rajeem

In the name of Allah, Allah is the greatest. O Allah, with faith in you, belief in Your Book, loyalty to you, compliance to the way of Your Prophet Muhammad.



## DUA UPON REACHING THE BLACK LINE

Upon reaching the black line (Hajar Al-Aswad)

Raise your right hand toward Hajar Al-Aswad and recite:

بِسْمِ اللَّهِ ۞ اللَّهُ أَكْبَرُ

Bismillah'hi Allah hu Akbar

In the name of God. God is the greatest

## DUA DOING ALL THE SEVEN ROUND (TAWAF)

Yamini corner to Hajar Al-Aswad (Walk normal)

Recite the following Dua as many times as possible.

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Rabbana Atina Fid Dunya 'Hasanatanw-wa Fil Aa'khirati 'Hasanatanw-wa-Qina 'Azaaban-Naar

Our Lord! Give us good in this world and good in the Hereafter, and defend us from the torment of the Fire!"





# DRINKING ZAM ZAM DUA

Recite following Dua when drinking Zamzam water.

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا ۞ وَرِزْقًا وَاسِعًا ۞ وَشِفَاءً مِنْ كُلِّ دَاءٍ

Allaahumma inni as'aluka `ilman naifi`aaa, wa rizqaw wasi`aaa, wa shifa'am min kulli da'i

Allah Azzawajal I ask you for beneficial knowledge, increase in provision and cure from illness.

فَضْلُكَ يَا زَمْرَمُ

خَيْرُ مَاءٍ عَلَى وَجْهِ الْأَرْضِ مَاءُ زَمْرَمِ

«حديث شريف»



## GOING TOWARDS MOUNT AS-SAFA(SA'AY)

Recite the following Dua when leaving the Ka'bah complex.

بِسْمِ اللَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

Bismi llāhi, wa ṣ-ṣalātu wa s-salāmu 'ala rasūli llāh. Allāhumma innī as'aluka min faḍlik.

In the name of Allah, and peace and blessings be upon the Messenger of Allah. O Allah, I ask of you from Your bounty.

**IMPORTANT:** Make sure both of your shoulders are covered with Ihram.

## DUA ON APPROACHING MOUNT AS-SAFA(SA'AY)

Upon approaching Mount As-Safa, the following Ayat (verse) is to be recited.

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ حَجَّ الْبَيْتَ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ بِهِمَا وَمَنْ تَطَوَّعَ خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ ﴿البقرة: 158﴾

In'naṣ safa wal marwata min-shaa irillah; Faman Hajj'jal baita aa-wi'tamara; falaa jonaa-ha alai'hi aan yat'taw-wafa bi'hima; Wa maan ta'taw-wa aa'khiran fa'innallaha shaa-kirun aaleem.

Indeed, Safa and Marwa are among the symbols of Allah. So whoever makes Hajj to the House or performs Umrah – there is no blame upon him for walking between them. And whoever volunteers good – then indeed, Allah is appreciative and Knowing.

## DUA ON REACHING MOUNT AS-SAFA

On top of mount As-Safa, face the Qiblah, raise your hand and recite 3 times the following Dua.

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَجْزَى وَعَدَهُ وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

Allahu Akbar, Allahu Akbar, Allahu Akbar; LLaa-ilaha illal-lah; Wah dahu laa-sharee kalah Lahul mulku wa-lahul hamd; Wa-huwa ala kulee shay'in qadeer; La ilaha illallahu wah'dal Wa nasara abdahu, wa hadha'mal ahzaba wahdah.

**NOTE:** You may also make personal Dua before starting Sa'ay.

**"Allah is the greatest, Allah is the greatest, Allah is the greatest."**

None has the right to be worshipped except Allah, alone, without partner. To Him belongs all sovereignty and praise and He is over all things omnipotent. None has the right to be worshipped except Allah alone. He fulfilled His promise, aided His slave and single-handedly defeated the allies."



## GOING TOWARDS MOUNT AL-MARWAH

### Dua for Sa'ay

There is no specific Dua for Sa'ay, you may recite any Duas from heart, memory or by looking at good Dua books between mount As-Safa and Al-Mahwah.

You may also recite portions of the Quran.

You may recite the Dua below on Sa'ay (Optional)

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

Subhanallah walhamdulillah wala ilaha illallah wallahu akbar wala hawla wala quwwata illa billah

Glory be to Allah, Praise be to Allah, There is no God but Allah, Allah is Great, There is no Support and No Power except in Allah

## DUA BETWEEN 2 GREEN LIGHTS MOUNT AL-MARWAH

- Men are to power walk (Rami).
- Women walk normal.

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ  
وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعَدَهُ  
وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

Allahu Akbar, Allahu Akbar, Allahu Akbar; LLaa-ilaha illal-lah; Wah dahu laa-sharee kalah Lahul mulku wa-lahul hamd; Wa-huwa ala kulee shay'in qadeer; La ilaha illallahu wah'dal Wa nasara abdahu, wa hadha'mal ahzaba wahdah.

**NOTE:** You may also make personal Dua before starting Sa'ay.

**"Allah is the greatest, Allah is the greatest, Allah is the greatest."**

None has the right to be worshipped except Allah, alone, without partner. To Him belongs all sovereignty and praise and He is over all things omnipotent. None has the right to be worshipped except Allah alone. He fulfilled His promise, aided His slave and single-handedly defeated the allies."

## Now Start walking toward mount As-Safa

### Repeat procedure for 7 times

- You will repeat the same procedure for all 7 rounds.
- Your SEVENTH round is to complete on mount Al-Marwa.



## AFTER COMPLETING 7 ROUNDS SAFELY

You may offer 2 Rak'ah Nafl on mount Al-Marwah (If possible) followed by a long Dua. Leave Al-Haram toward the **Barbers** by reciting.

بِسْمِ اللَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

Bismillah;

Was'salaatu was'salamu ala rasoolil'lah; Allahumma innee as'aluka min fadlik.

In the name of Allah, and peace and blessings be upon the Messenger of Allah. O Allah, I ask of you from Your bounty.

وَأَقِمُوا الصَّلَاةَ وَآتُوا الزَّكَاةَ وَارْتَضُوا الْحَلْقَ وَالْعَمْرَةَ

### Haircut

- Men are to either shave or trim. (Shaving is highly rewarded)
- Women to cut one inch (1 inch) from the tip of their hair by a Mahram.